

**DR. BERKOWSKY'S
SPIRITUAL PHYTOESSENCING™**

“Dr. Berkowsky’s approach [*Spiritual PhytoEssencing*] to an ancient art/science is highly creative and practical. We need this information; many health conditions are no longer amenable to our modern medical treatments. I am inspired by this material—it resonates with inner knowing. We, being complex mind-body-spirit-energetic beings, need all the help we can get, and his work provides some keys to the mysteries.”

—Hyla Cass, M.D., psychiatrist, author
Assistant Clinical Professor of Psychiatry at UCLA School of Medicine



Dr. Bruce Berkowsky

REGISTER NOW FOR UPCOMING RALEIGH, N.C. CLASS—Limited Enrollment:
ESSENTIAL OILS And DEEP SOUL-SPIRITUAL WORK—DATE: MAY 30, 2002 (9 a.m. - 6 p.m.)

Spiritual PhytoEssencing is based upon an interface of aromatherapy, herbal medicine and folklore, physiology, classical homeopathy, anthroposophical medicine, traditional Chinese medicine and the Kabbalah. Harmonizing the bioenergy currents of the psycho-spiritual plane facilitates an *altered state* characterized by heightened awareness, receptivity, flexibility, objectivity and the illumination of life-choices. True healing can proceed only in this altered state.

Learn how to identify the pattern of deep psycho-spiritual themes which have a disharmonizing impact on the soul. Then, learn how to combine essential oils whose soul-signatures correlate with these themes to produce a customized blend which can help the soul to resolve a deeply ingrained pattern of imbalance. Learn to employ the Kabbalistic Tree of Life and much more to gain a wealth of supportable insight and deeper perspective on true healing.

Class Topic: Essential Oils and Deep Soul-Spiritual Work Using Rose Oil (Romantic Love and Emotional Issues) and Tarragon Oil (Abuse issues): In this class, Dr. Berkowsky will provide an introduction to his *Spiritual PhytoEssencing* system by fully elaborating the psycho-spiritual dynamics of two very different essential oils: *rose and tarragon*. Romantic love and emotional issues which evolve from the desire for romantic love form the nucleus of the soul-level themes of rose oil. On the other hand, tarragon oil is one of the primary essential oils used in certain cases for accessing and ameliorating the constitutional impact of a dominating and/or abusive parent or spouse. Dr. Berkowsky will demonstrate how to use this information practically for the purpose of soul-level harmonization with essential oils. *Spiritual PhytoEssencing* thus opens up a new and very promising heretofore unexplored dynamic in work with essential oils.

Location: Dr. Berkowsky will present an in-depth, full-day class (9 a.m.- 6 p.m.) May 30, *the day before* the NAHA Spring Aromatherapy Expo (May 31-June 2), at the Sheraton Capital Center Hotel in Raleigh, NC. Special \$89 Expo room rate is being extended by the Sheraton on May 30 to attendees of Dr. Berkowsky’s class. Dr. Berkowsky will also be presenting a lecture at the conference on Friday evening, May 31 (see NAHA convention brochure).

Class Tuition: \$98—Attendance is limited.

Event Coordinator: Naomie Poran, Ph.D., Director, Aroma Science Institute. **Telephone:** (919) 832-1117

Fax: (919) 834-9869 **E-mail:** nporan@aol.com **Website:** www.AromaScience.net

For more information regarding Dr. Berkowsky’s *Spiritual PhytoEssencing* Diploma and Master’s Certification

Courses: log on to www.NaturalHealthScience.com (See Students’ Comments list on Web site) or **E-mail:**

DrBruceB@cnw.com - or **Fax:** (360) 422-7729; **mailing address:** P.O. Drawer 2090, Mount Vernon, WA 98273. Those seriously interested with additional questions about Courses may call Dr. Berkowsky at his office: (360) 422-6233.

Spiritual PhytoEssencing E-Mail List: E-mail your name with a request to be on this list to: DrBruceB@cnw.com

“Dr. Berkowsky is a brilliant practitioner of the natural healing arts and an extraordinary pioneer in the field of spiritual aromatherapy. The depth to which he takes his students in the study of *Spiritual PhytoEssencing* and Kabbalistic teachings is beyond anything else being offered at this time. His non-conventional courses are for the serious student who desires to get at the inner-most core of health challenges today.”

—Valerie Cooksley, RN, author and Holistic Health Educator

Class #1—Essential Oils and the Miasms:

Dr. Berkowsky provides deep insight into the following miasms and related essential oils:

Miasms: *Acute, Cancer, Malarial, Psoric, Rabies, Ringworm, Sycotic, Tubercular, Typhoid, Syphilitic.*

Essential Oils: *black spruce, clary sage, grapefruit, myrrh, Roman chamomile, rose, sage, tarragon, thuja, yarrow.*

Class #2 —Essential Oils and Love, Sex and Relationships:

Dr. Berkowsky relates the themes of love, sex and relationships to the following essential oils:

black pepper, bitter orange, jasmine, lavender, marjoram, rose, rosemary, sandalwood, thyme, vetivert, ylang ylang.

Class #3—Essential Oils and the Cancer Miasm (book available—see comment below, 321 pages: \$30 + \$4 s/h):

Dr. Berkowsky devotes this class to the Cancer miasm and its relationship to the following essential oils:

angelica, cistus, frankincense, ginger, geranium, lemon, neroli, patchouli, pine, violet.

Class #4 —Essential Oils and Emotional Pain, Grief and Dying:

Dr. Berkowsky relates the themes of emotional pain, grief and dying to the following essential oils:

blue chamomile, celery seed, cypress, hyssop, juniper, ledum, nutmeg, rhododendron, St. John's wort, valerian.

Class #5—Essential Oils and the Themes of Will, Duty and Responsibility:

Dr. Berkowsky relates the themes of will, duty and responsibility to the following essential oils:

calendula, carrot seed, goldenrod, helichrysm, lemongrass, mastic, ravensara, Roman chamomile, tobacco leaf.

Class #6—Essential Oils and the Kabbalah:

Dr. Berkowsky provides deep insight into topics from the Kabbalah and related essential oils.

Essential oils to be discussed in unique, expanded-awareness detail:

basil, cardamom, cedarwood, cilantro, coriander, eucalyptus, laurel, melissa, silver fir, spikenard.

“I am still reading your *Essential Oils and the Cancer Miasm* book, but already I have found it to be the most remarkable book on the spiritual and soul dimensions of cancer ever written. It is a most important book, and I am looking forward to studying the rest of your work. I will be ordering your tapes soon and am anxiously awaiting the publication of your next book, a materia medica of essential oils.”

**—Dr. Robert Sardello, author, co-founder
The School of Spiritual Psychology**

TAPE SETS OF DIPLOMA COURSE 3-DAY CLASSES

(See class titles, above)

CASSETTE SETS: 9 to 10 cassettes per set: 17+ hours of in-depth content—*derived from Dr. Berkowsky's Spiritual PhytoEssencing Diploma Course classes*—in a cassette storage case.

CASSETTE SETS PRICES:

Each above-set-out class tape set: \$155;

Special Prices: Two sets: \$285; Three sets: \$385; Four sets: \$485

Five sets: \$555; Six sets: \$599

FREE Shipping (Visa and Mastercard accepted—include expiration date)

BIO: Bruce Berkowsky, N.M.D. is President of Joseph Ben Hil-Meyer Research, Inc., Natural Health Science™ Advisor to the Institute of Applied Biochemistry and a member of The American Naturopathic Medical Association, The Registry of Naturopaths (UK), the British Naturopathic Assoc., Homeopathic Medical Assoc. (UK) and Fellow and member of the faculty and Research Council of The British Institute of Homeopathy. He is the founder/teacher of both *Spiritual PhytoEssencing™* and the Natural Health Science System™ which he designed following 25-years of research and clinical practice, and includes herbology, nutrition, aromatherapy, exercise, traditional nature-cure as well as East/West healing arts/bodywork and homeopathy (1994 Recipient of the Hahnemann Award). Dr. Berkowsky teaches in-depth seminars/workshops to health-care professionals and spiritually aware groups. He designs nutritional and herbal formulations for several companies and formulates his exquisite AromAnita™ Exquissential Oil Blends for professional use. As well, he writes an internationally acclaimed journal: *Nature's Therapies™* and contributes articles to several national and international health magazines and journals and has been a popular guest on many radio- and TV talk-shows. Dr. Berkowsky recently retired from private practice to work on various health-related books/videos based upon his powerful *Spiritual PhytoEssencing* and Natural Health Science System. **Note:** To reach Dr. Berkowsky: Fax: (360) 422-7729 or e-mail: DrBruceB@cnw.com See Dr. Berkowsky's *Spiritual PhytoEssencing Diploma and Master's Courses* workshop tapes, books and more on Web site: www.NaturalHealthScience.com